

Caitlin Niendick, LMFT

Education

(816) 281-8293 | caitlin@hcsclinical.com

Friends University | Kansas City Location

GPA: 4.0

Master of Science in Marriage and Family Therapy

Prepare and Enrich Trained

Graduation Date | Aug 2024

University of Missouri | Columbia, Missouri

GPA: 4.0

Bachelor of Science – Human and Developmental Family Sciences

Emphasis in Family and Life Span Development

Psychology Minor ~ Multicultural Certificate ~ Summa Cum Laude

Graduation Date | Dec 2021

College of Saint Mary's | Omaha, Nebraska

GPA: 4.0

Undergraduate Studies

Student-Athlete | Volleyball Program

Experience

Holistic Harmony Therapeutics | Westwood, Kansas

Owner and Licensed Marriage and Family Therapist | August 2024-current

- Provide Psychotherapy to adult individuals, couples, and families with a holistic approach
 - Gottman Level 1 Certified
 - Prepare and Enrich Certified
 - Systems Thinking trained utilizing theories including IFS, Gottman, CLS, MI, and Solution Focused

Rainbow House Emergency Kids Shelter | Columbia, Missouri

Youth Specialist | October 2020- December 2021

- Provided services to children birth to 17 years with intense stories and Adverse Childhood Experiences
 - Immersed children in a safe, nurturing environment to create positive development
 - Delivered trauma-informed care to children, including collaboration with 911 services
 - Received certifications in CPR, Food Handling, Safe Sleep, Med Tech, & Class E License

Job One Careers | Independence, Missouri

Job Coach for Summer Work Experience Program | June – August 2019 and 2020

- Mentored three to four high school seniors with disabilities at their summer work
 - Assisted students with job skills and tasks that may be difficult for them
 - Incorporated proper communication techniques for students to use in the workplace
 - Taught a soft skills curriculum each day to students

Volunteer and Internship Work

Great Oaks Therapy Center | Westport, Missouri

Student Therapist | March 2023- August 2024

- Provided Psychotherapy services to individuals, couples, and families
- Created and maintained accurate records and polite correspondence with clients

Easterseals Midwest | Columbia, Missouri

Intern and Project Leader | August-December 2021

- Interacted with and learned techniques used for children with autism
- Redesigned ABA clinical classrooms to be more developmentally appropriate and functional

Accomplishments

Kid's First Scholarship Recipient | 2018-2021

Kappa Delta Member | 2023-2024

Dean's List – University of Missouri | 2019 – 2021

Dean's List – College of Saint Mary | 2018